



FREE - Tryout Classes

(You are welcome to try a Karate class at any of our Karate Schools for **FREE!**)

Hatfield Dojo

(PHSOB c/o Kings Highway & Queens Crescent, Lynnwood)

Tuesdays and Thursdays

16:45-17:15 Beginners

18:30-19:15 **KARATEFIT**

Centurion Dojo

(Crossfit Radium, 31 Kwartsiet Crescent, Centurion)

Tuesdays and Thursdays

17:00-17:30 Beginners

18:15-19:15 **KARATEFIT**

Moreleta Dojo

(Lifestyle Centre, 28 Spes Bona Dr, Moreleta Park)

Mondays and Thursdays

17:15-17:45 Beginners

18:30-19:15 **KARATEFIT**

KARATEFIT

These classes are designed to cater for Adult and Minor students

2020

Information Brochure



The Karate Academy

0861 **KARATE**
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Member of

